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### TEENS, Inc 2026-2027 Services Rate Sheet

TEENS, Inc. is proud to be of service to Winchester City, Frederick County, Clarke County, Warren County, Shenandoah County, Page County, and Harrisonburg City/Rockingham County in the state of Virginia. As a non-profit organization, we must charge modest fees for our services in order to ensure our sustainability. The Board of Directors has established the following service fee schedule effective July 1, 2026.

Fees per unit services (e.g., mentoring, community service) are based on an hourly rate per participant.

<p><b>Anger Management:</b> Groups facilitated by TEENS, Inc. staff member(s) to assist participants in decreasing anger and reducing the emotional and physical arousal that anger can cause. The Anger Management curriculum will provide participants a safe and supportive space in which they can begin to learn ways to manage anger, identify triggers and replace violent tendencies through coping strategies and self-control techniques demonstrated through group discussions, activities, modeling, homework assignments and therapeutic intervention strategies (impulse control, meditation, breathing and relaxation techniques, and frustration management). The overall goal of the program is for participants to learn to control reactions and respond in a socially appropriate manner in the home, school, vocational, and community environment.</p>	<p><b>8-week program, 2 hour per week</b>  <b>\$550.00 full course</b></p>
<p><b>Casey Life Skills:</b> One to one interaction on or off the TEENS, Inc. campus. Mentor/life coaching beginning with the Casey Life Skills Assessment. The Casey Life Skills Assessment will be used to create a Service Plan within the first 14 days of services, to include interventions outlined in the Casey Life Skills resource guide and to enhance independent living skills and career preparation on an individual level in the community. Services will be guided by the service plan and include short-term, measurable goals.</p>	<p><b>\$67.00 per hour</b></p>
<p><b>Crisis Stabilization:</b> TEENS Inc. will have on-call staff as needed. Staff will be available for crisis situations that potentially jeopardize the individual’s current living situation. The goal is to provide immediate interventions and support to avoid hospitalization.</p>	<p><b>\$125 per hour – on-call staff as needed</b></p>

<p><b>Educational Transition Services:</b> One on one mentoring to assist youth with disabilities transitions from a private education setting to a public-school setting. The provision of 1:1 Educational Transition Services occurs in the public-school setting and limited to no more than 12 out of the 15 calendar months from the time they are initiated. Educational Transition sessions provide support, information and resources designed to improve the outcomes of students with disabilities transition from private education setting to a public-school setting. Successful transitions are well-planned, thoughtful actions designed to accomplish particular outcomes as identified in the student’s IEP. Planning and communication are essential to provide a smooth transition and to encourage and sustain collaboration among families and agencies involved and ensure appropriate services for students with disabilities. A transition plan includes several goals and services as a guide to students throughout the transition process.</p>	<p><b>\$60.00 per hour</b></p>
<p><b>Family Partnership Meeting (FPM) Facilitation:</b> An FPM is a relationship focused approach that provides structure for decision making and empowers the involved youth, providers and family in the decision-making process. TEENS Inc. staff will facilitate FPMs as a neutral party to ensure the discussions are productive and positive for the best outcome possible.</p>	<p><b>\$250</b></p>
<p><b>GPS Electronic Monitoring with Check-Ins:</b> Monitoring and GPS tracking services utilized for youth on Direct Care status or on Parole supervision. Youth on Parole may be living in the community or in a residential program. Service may be utilized as a step-down from Direct Care or as a graduated sanction for Parole rule noncompliance. TEENS, Inc. shall follow the DJJ process for handling alerts and violations of rules and restrictions defined by DJJ staff at the time of the referral, with ongoing communication provided between the TEENS, Inc. and the assigned DJJ staff. TEENS, Inc. shall ensure that they have emergency contact information for DJJ staff for reporting required alerts during both business hours and outside of normal business hours. Monitoring shall include a minimum of 2-3 remote check-ins per week (video or telephone) with the youth and caregiver. For youth living in a residential program, including an IL placement, the check-in may be with the residential provider or youth, with at least one weekly contact made directly with the youth.</p>	<p><b>\$50 set up fee</b> <b>\$27 per day</b></p>
<p><b>Independent Living Skills (ILS)/ Family Support Services (FSS):</b> One-to-one interaction designed to help people with mental disabilities, mental health conditions or chronic illnesses gain independence. Casey Life Skills, which consist of managing health care, finances, accessing transportation, social skills, safety skills, meal planning and nutrition, job readiness, finding and maintaining living quarters, organization, communication and interpersonal development are taught, modeled and discussed through one-on-one, group</p>	<p><b>10 hours per week, \$76.00 per hour</b></p>

<p>and community sessions to assist participants in garnering the skills needed to function independently.</p>	
<p><b>Individual Youth Mentoring:</b> One to one mentoring on or off the TEENS, Inc campus. Mentoring includes supporting, coaching, and training participants in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other children and adolescents’, as well as adults, in recreational, community, school, and social activities. These services are provided to help ensure the participants’ success in navigating various social contexts, learning new skills, and making functional progress. Mentors offer supervision of these interactions and engage the participants in discussions about strategies for effective handling of peer interactions. Mentoring services are provided in one-on-one, community, home, and school settings. Can also include our Virtual Reality 2 Reality program which allows for career exploration and training of various careers utilizing virtual reality headsets.</p> <p><b>*Community Service credits can be earned while participating in the Individual Mentoring program</b></p>	<p><b>\$76.00 per hour</b></p>
<p><b>Parent Mentoring:</b> Interactive and customizable one-on-one sessions facilitated by TEENS Inc. staff member(s) designed to strengthen skills and empower caretakers, to provide a safe and nurturing environment, with love and support for youth within the household.</p>	<p><b>\$76.00 per hour</b></p>
<p><b>Restorative Justice:</b> Certified TEENS Inc. staff will collaborate with the offender and the victim to examine the harmful impact of a crime and then determines what can be done to repair that harm while holding the person who caused it accountable for their actions.</p>	<p><b>\$250</b></p>
<p><b>Stepping Up:</b> A 12-week transitional program for youth leaving a highly structured environment such as residential treatment or incarceration, or those low to moderate risk youth in need of building life skills while gaining peer social interaction skills in a supervised environment. Stepping Up will be open to area youth, 15-18 years of age. The program will cover all Casey Life Skills in a group setting, to reduce risk factors, increase protective factors, and support positive socialization skills. Within 60 days of the program end date, each youth will have obtained employment and identified transportation for reliable attendance.</p>	<p><b>\$50/hr. or \$125/session \$3,000 full course</b></p>
<p><b>Supervised Visitation Services:</b> Supervised visitation program offers structured observation and direct feedback to parents, highlighting both strengths and areas for growth. Focus areas include safety, engagement, sobriety, hygiene,</p>	<p><b>\$76.00 per hour</b></p>

<p>bonding, empathy, behavior management, communication, and other essential parenting skills needed for an effective visit.</p> <p>Following each session, we provide guidance and a summary of observed strengths and ongoing needs to support continued progress and improve future visits.</p>	
<p><b>Timbrook Achievement Center (TAC):</b> TAC establishes intervention programs that will deter Winchester City, Frederick, and Clarke County juveniles ages 14-18 from accruing additional truancy or delinquency charges, as well as provide stimulating family engagement to prevent youth’s incarceration. Through a combination of educational, recreational, and behavioral program components, TAC works collaboratively with the youth’s family, as well as community partners to move them from risk and towards building life skills that can be applied in adulthood. Can also include our Virtual Reality 2 Reality program which allows for career exploration and training of various careers utilizing virtual reality headsets. During the school year, TAC provides the services detailed above Monday- Thursday from 3:30-8:30pm, which includes transportation to and from the TAC facility, as well as a meal each day.</p>	<p><b>\$62.00 per hour</b></p>
<p><b>Timbrook Achievement Center (TAC) Summer Camp:</b> From June 15th through July 30th, 10am to 3pm, snacks and transportation provided, on and off the TEENS, Inc campus. A seven-week structured training program which provides a combination of TEENS Inc. program services—vocational and individual mentoring, independent living skills training, and anger management group sessions. Participants will also encounter regular opportunities to give back to the community through volunteer work, projects, and events. Can also include our Virtual Reality 2 Reality program which allows for career exploration and training of various careers utilizing virtual reality headsets.</p>	<p><b>\$62.00 per hour, 20 hours per week for 8 weeks (\$9,920 full course)</b></p>
<p><b>Transportation:</b> Transportation will be billed at a rate of \$60 per hour, plus \$0.75 per mile.</p>	<p><b>\$60.00 per hour</b></p> <p><b>\$0.75 per mile</b></p>
<p><b>Vocational Mentoring:</b> One to one mentoring on and off the TEENS, Inc campus. A community-based program that provides an integrated approach to career development, vocational training or apprenticeship and academic achievement, while teaching vocational agriculture skills, green industry methodologies and important job readiness skills with an overall program goal of fostering the skillset (hard and soft skills) required for participants to obtain and maintain gainful employment. Support for job readiness (e.g., resume</p>	<p><b>\$76.00 per hour</b></p>

<p>building, job seeking) and ongoing oversight to support a youth's employment. Provides supervision and monitoring of job performance, communication with youth and employer, and other related services identified on the treatment plan to maintain steady employment. Can also include our Virtual Reality 2 Reality program which allows for career exploration and training of various careers utilizing virtual reality headsets.</p>	
<p><b>Youth Mentoring Group Program:</b> This program is designed to empower young individuals by providing them with a supportive and engaging environment where they can grow, learn, and develop essential life skills. The program brings together youth from diverse backgrounds to participate in group activities, discussions, and projects that promote personal growth, teamwork, and community involvement. Each group is guided by experienced mentors who are dedicated to fostering positive relationships and providing guidance and support. Mentors act as role models, offering advice, encouragement, and insight into various aspects of life; from academics to personal challenges.</p>	<p><b>\$62 per hour</b></p>