



**TEENS, Inc.,**  
P.O. Box 3913  
Winchester, VA 22604



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**Winchester, VA 22604**

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NON-PROFIT  
U.S. POSTAGE PAID  
WINCHESTER, VA

## Our Mission

TEENS, Inc. is a not-for-profit 501 (c)(3) organization, that provides training for at-risk youth and individuals with disabilities. We serve the City of Winchester, Frederick, Clarke, Warren and surrounding counties.

Our vocational agriculture (VoAg) program's primary objective is to prepare students to enter the workforce better equipped to obtain and maintain gainful employment.

Our students learn to grow vegetables, such as lettuce, tomatoes and herbs using aquaponics and traditional growing methods. In addition, they are introduced to a variety of tools and techniques to hone their skills. TEENS also provides job application and interview training.

At TEENS, Inc., we recognize the importance of skill acquisition as a means to independence and good citizenship. Young people need encouragement, support, and guidance. That is exactly what our programs provide.

## Our Motto

***"I hear, and I forget.***

***I see, and I remember.***

***I do, and I understand"***

**--Ancient Chinese Proverb**

While students are provided a well-developed curriculum, the program is designed around a proven hands-on training approach.

## Our Teaching Methods

Not every teenager flourishes in a traditional school setting and that is why TEENS is designed as a hands-on model program. By actively doing, teens learn how to cope, think critically, and collaborate to become independent citizens.

At TEENS, bright and enthusiastic kids also learn how to prepare for opportunities within the growing alternative energy market. This unique field-based training program provides an excellent background in Science, Technology, Engineering, & Math (S.T.E.M.)

## Teaching Methods, Cont'd

The learning environment includes exposure to traditional agricultural skills and modern aquaponic methodologies. In addition, our young people learn the landscaping business, including equipment maintenance, landscape design, and construction techniques.

TEENS offer these inquisitive kids an opportunity to learn new skills, make business decisions, and prepare for exciting careers. Moreover, participants develop outstanding work ethics while learning job safety and teamwork.

Without TEENS, many of these great kids will fall through the cracks and end up a burden to society. We need your help to keep this vital program going. Please know that 100% of your donation will pay for our programs.

***Thousands of kids in our community lack key life skills and family support.***

**TEENS, INC. STEPS-IN TO**

**FILL THE VOID**

## Giving Back

An important component of the TEENS program is to teach students the importance of “giving back “to the community.

Students in our program receive on-the-job training and donate their services to other non-profit organizations, the elderly, or to disabled Americans. They also contribute a portion of their crops to soup kitchens and homeless shelters.

## Testimonials

*“I learned a lot about landscaping, how to do zero-turns, walk behinds, etc. I learned how to participate in job activities with teams/crews. I learned how to do more positive things and to make money in a way that is not illegal.”*

--TEENS Student

*“The TEENS program provides our residents with job skills that are imperative to gain and maintain employment they could not learn in a class-room setting. They apply their skills while completing a variety of community service projects. This program values giving back to the community as well as preparing our residents to enter the workforce...”*

--Erin Maloney, NRJDC

## About Our Staff

Our dedicated staff possesses decades of experience serving students in our area.

They work diligently to ensure that students learn the skills they need to become independent and contributing members of society.

Students enjoy working with our staff, and as one student said, “I personally enjoy[ed] this program a lot”.

## Please Join Us!

### •Please contribute to TEENS!

Your financial support helps fund our important programs and reach more students.

### •Volunteer

TEENS needs your help to expand and implement our projects. We have several opportunities for you to contribute your talents:

Program Committee  
Fundraising Committee  
Please contact us with your ideas!

### •Join us on Facebook-teensincva

## TEENS, Inc. Contribution Form

\$15.00 \_\_\_\_\_ \$25.00 \_\_\_\_\_ \$35.00 \_\_\_\_\_ \$50.00 \_\_\_\_\_ \$100.00 \_\_\_\_\_ Other \_\_\_\_\_

Name \_\_\_\_\_

Street or P.O. Box \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone (    ) \_\_\_\_\_ Email: \_\_\_\_\_

If you are interested in serving on a committee or on our board, please check here: \_\_\_\_\_

Please mail this form to: **TEENS, Inc., P.O. Box 3913, Winchester, VA 22604**  
**E-mail: [info@teensincva.org](mailto:info@teensincva.org) • Telephone Number (540) 324-8965**

*TEENS, Inc. is a 501 (c)(3) nonprofit organization under the laws of the Commonwealth of Virginia*